EGID SEMINAR

April 26th, 2024 from 11.00 am to 12.00 pm



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Adipose tissue expandability, lipotoxicity and the metabolic syndrome

Obesity is a chronic inflammatory disease associated with cardiometabolic comorbidities (CMC) such as diabetes, insulin resistance, fatty liver and heart failure. Given the difficulty in treating obesity, there is enormous interest in uncoupling excessive fat mass from cardiometabolic morbidities. A unique insight is the genetic and clinical evidence that some obese patients do not develop cardiovascular comorbidities, indicating that excessive fat mass is not a necessary "sentence" for metabolic disease. Metabolic resilience in obesity can be rationalised by the adipose tissue (AT) expandability hypothesis and the concept of lipotoxicity we have pioneered. In my presentation, I will address the mechanism determinant of adipose tissue expandability, focusing on the role of adipose tissue fibrosis and metabolic flexibility.



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